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the pre-conditions  
the mechanism  
the network,

challenging, exciting,  
healthy co-counselling +  
more for your daily life

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co-counsel trainers list

CCI contacts international

CCI history definition 1996  
guidelines 1975

clarification of terms

CCI fundamental trainings

CCI international  
workshops etcetera

CCI international meetings  
CCI USA 2006  
April 18 - 23 2006

CCI Hungary  
July 30 - August 5 2006

CCI Europe 2007  
the Netherlands

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## the tenth Germany- the Netherlands CCI meeting: looking for reframing!

Ten years of annual CCI-meetings of German and Dutch CCI co-counsellors has been celebrated the last weekend of February 2006 at Haus Kloppenburg in Münster, Germany.

These yearly meetings started in 1996 in Haus Kloppenburg (the Münster community), the next year followed by a meeting in the Netherlands (first in Hoornaar later in Donkerbroek) and continued the year after, at Sankt Peter Ordning at the North sea coast of North-West Germany (the Hamburg/Kiel communities) and so on. Representatives of each of these communities prepared workshops for the yearly meeting.

The aim of these meetings is to support active individual CCI co-counsellors, possibly interested in teaching, on an equal base to exchange and practise their way of CCI co-counselling within their culture and bring their experience home. This letter of intention describes also the 6 points to discuss in the business meeting (when and where to meet again, how many will be invited and from continue



most of the 16 participants of the tenth yearly Germany-the Netherlands CCI co-counsel meeting; recently at Haus Kloppenburg in Munster- Germany.

# CCI AOTEAROA

## CCI Europe 2006 will be in Hungary at Salgóhánya 110 km from Budapest.

The organisers are planning to hire a bus for 30th July afternoon to take people to the venue. The workshop starts on July 30th until August 5th. Children are welcome and most people in Hungary speak basic English and a lot speak German. The workshop is open to those who completed their CCI fundamentals. The costs for attending varies from € 350,- (private rooms) to € 280,- (camping); deposit (€ 100,-) or full price paid before April 30: 20 euros less; after July 1: € [continue](#)

CCI 2006  
Hungary



## personal reflections about relationships at an international CCI meeting

Living in a basically rational oriented society in Western Europe, it is a relief for me to allow myself time by time to pay special attention to my emotional affairs. And, to be clear, there is nothing wrong with being rational. Being rational contributes definitely to my survival in that world and not only in heavy traffic. Surely I celebrate my rational capabilities!

Besides that, I am aware that there is more. Being rational can be overdone easily. And this is the case in many ways in our society, as I experience it. Sometimes it even looks like as if my rational capabilities colonise my observa-

*a panoramic view by Joke Stassen of Lake Rotoiti near Rotorua on New Zealand's North Island. Several CCI-ers met and stayed here after CCI. They were Graham Howie's guests and enjoyed the hospitality and beauty of Aotearoa.*

tions, my 'feelings' and their needs. Some theories definitely impose that role and practise also as such. Being busy in an economical way is certainly rational, science – and so are medical sciences also - are utmost rational. And these are only two items! [continue](#)



the NZ west coast symbolised by black sand and shells

## CCI 2006 meeting in New Zealand

Some 50 CCI members of Aotearoa/New Zealand, the USA (6), Ireland (3), Australia (2), Scotland (1), England (1) and the Netherlands (2) attend the international CCI meeting 2006 (January 17-22). The meeting, with the item 'heart matters' at Tauhara Centre at Taupo on the North Island, started with a special opening ceremony: all participants were invited after registration to write their own name tack and put it in an bowl. Before leaving the registration hall they sang a song: [continue](#)



the east coast symbolised by the white sand and different shells.



Tauhara Centre is the expression of an unfolding vision. It is founded to create a spiritual and educational centre which would draw together people

Australia [Mitch](#) Malek  
Belgium [Sheila](#) Hills  
Germany [Sigrind](#) Willms  
Hungary [Csaba](#) Ghimessy  
Ireland Declan Reddy  
Netherlands [Joke](#) Stassen  
New Zealand [Kathleen](#) Ryan  
England+ Wales Paul Shevlin  
Scotland [Rose](#) Evison  
United States Bob Sawyer  
*special correspondents:*  
[Graham](#) Howie  
Fred Wallace  
co-ordinator [Niek](#) Sickenga



### the mission of Tauhara cen- tre, base of this CCI 2006

create a spiritual and educational centre which would draw together people and groups of differing viewpoints and methods of working, but united in their search for truth and the establishment of goodwill and understanding in the world' their flyer says. 'Through coming together to share and learn, to give and receive – working together physically, mentally and spiritually –

they extend and add richness to this expression.

Fundamental is the vision of a free and loving network of people throughout the planet dedicated to the realisation of the harmony within all.

### the Australian CCI representative!



Mitch Malek founded the first Australian CCI community in Melbourne with 5 participants and is the Australian international CCI contact person!

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Virginia (left) and Dawn (right) did the registration of the 47 participants by arrival



friends from long ago meet again....



3



4



the item of 'heart matters' with the personal views of the participants on the banner, came back in the closing circle. Special was the auction to feed the bursary fund (5,6,7,8). The outcome was NZ \$ 2000,- with contributions from special activities as massage (6), stone meditation, drawings and a painting from Dymphna ( foreground 7)

5



7



8

## CCI 2006 meeting in New Zealand

[home](#)

Before leaving the registration hall they sang a song: 'I have been travelling all day/ I have been travelling all day/ I have been travelling a life time/ to find my way here' followed by: 'home is where the heart is (3x)/ my heart is with you'.

After entering the big hall by two compositions on the floor, symbolising the east coast with black sand and the west coast with white sand, they stood in two circles facing each other and while singing they transformed the two circles into one. Being invited to find the owner, each participant took one name tack out of the bowl. And after two mini's, the last one about your own heart matters at this very moment, they were invited to write that down in a few words on a paper in the shape of a heart. All these almost 50 hearts were stocked on the big banner with the item of this CCI meeting. Bobby and Dymphna, representing the European CCI gathering 2005 in Ireland, handed over the international CCI banner, a gift in 1989 from the Hungarian CCI community.

That same evening we formed the support groups for the daily 'one hour' meeting of the participants and the next day we paid special attention to our (CCI) culture. We decided: 'mini is OK (a mini = a session of maximum 3 minutes each); unconditional positive regard; fun; client in charge; confidentiality; acceptance of emotions; trust; timely; to be agent in my own life; celebration/validation; equality/peer ship; self responsible participants; freedom to be yourself; awareness of touch; clarity of contract. That same first day in the afternoon was the first workshop of participants about 'direction setting and holding' by Judy.



6

9



Next to many private sessions the programme showed on Thursday free style dancing, the magic cauldron workshop, a CCI New Zealand business meeting focused on special Aotearoa-items, the preparation of a fairy tale workshop next morning of Joke and Niek and that day: stirring the pot, muscle effect therapy, dragging co-counselling into the 21st century and an auction to feed the bursary fund.

Daily Margaret facilitated her Xiang Gong 20 minutes after breakfast workshop; Saturday morning after opening circle followed by an non violent communication workshop of Joke, Phil and Peter (photo 9), coming back to our senses, a loving kindness meditation, and a workshop of healing the wounded heart. That day there was also the possibility to climb a mountain, a workshop about being I action—working on partnership, a painting workshop; a reconvered NZ-business meeting and in the evening 'woods and waters'-massage.

writing validations on the last (Saturday) evening kept many participants busy until late that night (10). Next morning after opening circle followed by the last meeting of the daily support groups the bell rings for the last meeting (11); the closing ceremony. Part of that meeting was the handing over of the Hungarian CCI banner that attends since 1989 all world wide international CCI meetings (12). So it was now give to the Americans who attend this CCI to bring it to the next USA CCI next April in Vermont USA. And final 'the bug hug' for the organisers of this event (13) for all the energy the have put in, to make it happen. It was a great CCI with special energy in a very special atmosphere. Thanks CCI community of Aotearoa for your contribution to CCI and especial for the experience the international travellers take home, enriching themselves and their community with the gained new insights! Niek (24-01)

10

11



12



13



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[top](#)

**some personal reflections about relationships at an international CCI meeting** [home](#)

And these are only two items!

**rational, emotional and spiritual**

Still there is, more personal, also my emotional being, and beyond that, my spiritual entity. They are as much, as I perceive it, part of my existence, and I can not, and do not want to deny their important contribution to my being. It is here that CCI co-counselling comes in. Because CCI is by no means a believe system. It just allows to honour all three parts in each others very own way: the rational, the emotional and the spiritual part. So attending an international CCI meeting of several days gets my special attention.

Attending the recent CCI Aotearoa-gathering is for me also meeting with memorable and impressive memories of the past. And there were surely different new profound encounters as well! In all three ways: rational, emotional and spiritual. The CCI system provides that we do accept each other in the way we have evolved so far at this very moment. And we do accept each other in the way we do experience them. There is room for non verbal communication, for just being there. There is room for sharing, respect, acceptance, just doing your own work; for knowing that their story is nothing else but their very own story and what I understand of it is my interpretation of their reality etc.

**relationships**

More than ever I explored in pairs in private sessions at this CCI-meeting what is on top for me. I especially worked in my (equal) time on the item of my relationships. Rational thoughts and emotional feelings are struggling about what and who is on top and why. Who is first and who is second and so on in what I call reciprocal - both ways – relationships of whatever kind.

So there is a kind of competition and hierarchy – incorporated some feelings about guild as well - going on within me. They contradict with my feelings of appreciation for each individual encounter, for that one unique event, for the existence of another human being in that encounter – even if it is just in a split second - and their meaning and their contribution to my being.

I realise how important encounters ever have been for me and still are. How their number still grows by getting older and how, quite a number of them, still are with me. Even for my life time as far as I observe now. And that is, I think, a miracle!

The appreciation is there and is not affected by the fact if they are still alive, nearby or possibly somewhere on this earth without any contact, or only in my memories, because they are not any more among us. What they have in common is that they all really contribute in one or another way to meet my needs in my interpretation of to love and being loved and my interpretation of to understand and to be understood. With and without words; with or without touch.

**encounters**

I realise how these encounters only are experienced while I am fully aware of being 'in the here and now'. How they only are experienced and observed in a 'split second' and that, reviewing them like in a slide show, they just come up as 'a summing up of unique events'. There is no competition between them, there is celebration of being blessed with these experiences. They are highlighting my life and still are also important for me today. Besides, it looks like as if - even by encounters of some sixty years ago - that they still recall the energy they provoked at that very split second!

**the big clash and the big trig**

It is obvious that these encounters act as if two stars clash together. Each of them being on their very own way in the Universe, is encountered by the other. By that event their

**CCI Europe 2006 in Hungary**[home](#)

April 30: 20 euros less; after July 1: 30 euros more; the deposit is non-returnable after July 1 2006.

Salgóhánya is near the Slovakian border, surrounded by forests and hills. The venue is Hotel Medves ([www.medves.hu](http://www.medves.hu)) with sauna and swimming pool at our sole disposal and other sports facilities for a fee. Contact Csaba or Saci for needed further details, or the international contactperson of your community.

Send your booking form to: [ghimessy@axelero.hu](mailto:ghimessy@axelero.hu) or [saci.laszlo@gmail.com](mailto:saci.laszlo@gmail.com);

send your deposit or full price to Ghimessy Csaba, OTP Bank Hungary: OTPVHUB HU69 1177 5018 10559880 0000 0000 by bank transfer (do not send cheques).

I realised how I am programmed to develop behaviour to avoid what I don't want or to get what I want. And especially in the field of relationships I want to re-experience that very special split second again and again. Because of its fulfilling power.

And here starts the big trig: **there is no repetition for such unique experiences. There only can be another - non competitive - unique experience. And for sure my life and my personal history is build on a whole range of these positive unique experiences. My longing for continuing these experiences is - I presume – also universal. Nevertheless, the reality does not allow that. Because an unique encounter is only unique if it happens once! And I am not prepared to accept this reality of the uniqueness of every split second. So that disturbs my expectations and it disappoints.**

**re-programming**

Re-programming my view on (reciprocal) relationships needs time. It is as if after hundreds of years of experiences in the Western society, my genes are programmed to accept only hierarchical relationships. For children this is: mother (or father) first, brothers and sisters are equal to be appreciated second and than friends – in an hierarchical way starting with the Prince on the White Horse... as third. For adults the range is: the partner comes first and for a lifetime – also based on economical grounds – than (if so) all children are equal to be appreciated second, and than our friends in an hierarchical way as third.

The partner is a partner for a lifetime and when one of them dies, it is quite accepted that the other one may find another partner (also for a lifetime). They are, to be honest, nevertheless the only ones who experience in an accepted way in our society, the uniqueness of their relationships. And among children there is also some experience that they may agree that all brothers and sisters are equal but not the same, because they are all definitely unique.

Adults must struggle with the fact that relationships, friendships, colleagues, partnership may feel honest, profound, utmost important, real love or whatever and still they are asking for their 'own' place in the 'given' hierarchy. And there is no comfortable room for them.

**the CCI contribution**

CCI offers me the opportunity to reprogram my acceptance of the reality of unique relationships. In this CCI system I learn to put them in words, to express them verbally and loudly, to make room for them and to validate and celebrate my different and unique relationships. They are still with me – from more than sixty years ago now - up to the here and now. They are memorable, they are all unique meetings, they all contribute to my becoming the one I am to day and I am grateful to be blessed by the experience I gained from them. And that they are still with me!

I realise that since meeting these 'travel-partners for a split sec-

energy emerges and they are forced to change their directions – being aware of that or not – and than continue their own journey. In the meantime they both take with them what each of them gained from that encounter. And that is that.

ond' they have developed their own way of growth. They may have changed in every way they needed to come into their potential. That is their reality. And still they carry the 'remains' of that encounter we had. Once upon a time.... niek (31-01)

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[top](#)

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[top](#)